

Anti-Doping Policy

For the first time in its history, the Classique internationale de canots de la Mauricie is implementing an anti-doping initiative to protect the integrity of the sport, the health of athletes and equal opportunity for all participants.

This initiative is carried out with the support of the USADA (United States Anti-Doping Agency) and the Triple Crown of marathon canoe racing, with the goal of educating, raising awareness and encouraging athlete responsibility toward clean sport.

The objective of this policy is simple : to ensure fair, safe, and respectful competition for all participants.

Important Information for Athletes

- Check Your Medications

Athletes must verify their prescription medications, treatments and over-the-counter medications to ensure they comply with applicable anti-doping rules.

□ Global DRO:

<https://www.globaldro.com/>

- Cannabis and Sport

Even if cannabis may be legal in certain countries or states, it remains a prohibited substance in competition under anti-doping rules applicable to sport.

A positive test may result in sporting sanctions.

□ Cannabis and sport information:

<https://www.usada.org/spirit-of-sport/education/cannabis-faq/>

- TUE - Therapeutic Use Exemptions

Athletes who need to use a prohibited medication for a legitimate medical reason may need to obtain a Therapeutic Use Exemption (TUE).

□ TUE Information:

<https://www.usada.org/substances/tue/>

- Sports Supplements

Supplements can represent a significant risk for athletes. Some prohibited substances may be present even if they are not listed on the product label.

Athletes should exercise extreme caution before consuming sports supplements.

□ Supplement Information:

<https://www.usada.org/substances/supplement-connect/>

- Anti-Doping Testing

Athletes may be selected for anti-doping testing during partner events and recognized competitions.

Testing procedures are intended to ensure fair play and athlete protection.

□ Anti-doping testing information:

<https://www.usada.org/athletes/testing/>

- Anti-Doping Violations and Sanctions

A violation of anti-doping rules may result in sanctions including :

Competition suspension

Disqualification of results

Loss of titles or awards

Sport ineligibility

Temporary or permanent suspension

□ Violations and sanctions information :

<https://www.usada.org/athletes/results/>

- Anti-Doping Resources and Education

USADA offers several educational tools to help athletes better understand their responsibilities related to clean sport.

□ Educational resources :

<https://www.usada.org/athlete-resources/>

□ Prohibited substances list :

<https://www.usada.org/wp-content/uploads/2025-04-PFL-Prohibited-List.pdf>

□ World Anti-Doping Agency (WADA) :

<https://www.wada-ama.org/>

- Reporting a Situation

Anyone with information regarding a potential doping-related situation may submit a confidential report.

□ Play Clean Reporting :

<https://www.usada.org/playclean/>

Contact

USADA – United States Anti-Doping Agency

□ athleteconnect@usada.org

□ <https://www.usada.org/>

Classique internationale de canots de la Mauricie

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