



PADDLER'S BOOK





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COMMENT

FROM THE ORGANIZATION



Rooted in the hearts of the Mauricie community for 90 years now, the Classique marks a major turning point in its sports program by giving women their rightful place.

They have contributed to forging the legend of this mythical race but also made this canoe marathon event the most prestigious in the world.



During this Labor Day weekend, come and enjoy the thrill and excitement offered by athletes from all over the world. There will also be plenty of entertainment for the whole family with our cultural program under a brand new concept of a festive shows under a marquee.

As always, during Labor Day weekend, the people of Quebec are invited to discover our beautiful Mauricie through its friendly population and the exploits of our athletes.

Have a wonderful Classique!

Dominic Thibault
General Director

COMMENT

FROM THE ORGANIZATION



90 years is no small thing!

In the history of modern sport, few events can claim to have such a rich history as the Classique de canots. The St-Maurice River is not just a river. It is the watercourse that identifies our region, as much economically as socially, sportingly and historically.

LLabor Day weekend is the time of year that marks, for many families in our region, the last moments of summer to enjoy our magnificent river. For the competitors of the Classique, this weekend represents the moment to put to the test all the training hours accomplished during the year.

In addition to having a 90th edition dedicated to women this year, the Classique team is adapting and innovating with the modification of the arrival in Shawinigan.

Our goal is to offer spectators unprecedented proximity to competitors. On the competitor side, the experience will be taken to a whole new level. More than ever, they will feel the energy from families, friends and people who have come to encourage them in this challenge represented by the St-Maurice River.

It is with enthusiasm that we await you this year. Come challenge your limits and once again make this weekend amazing and festive!

Yannick Daviault Competition Director



COMMENT

FROM THE ORGANIZATION





Anthony Lafrenière-Gélinas Production Director Since 202I, I have had the chance to get involved annually as Production Director within the Classique internationale de canots de la Mauricie organization. It is with a lot of ideas in my head that I have the pleasure of taking care of the logistics of the event and the planning of the many activities that make this unique sports festival more festive than ever.

Again this year, my team and I are delighted to offer to the hundreds of athletes and thousands of spectators a colorful event that is future-centric.

The youth of our 90th!

For a 90th consecutive year, the Classique international de la Mauricie celebrates the St-Maurice River through high-level sports competition in three specific disciplines.

The entire Classique team is mobilized to highlight in a special way the contribution of female athletes to the development of the event and competitive marathon water sports!



We appreciate the self-transcendence of all athletes who, according to tradition, will cross the majestic river that gives the Mauricie its name.

Yvon Laplante
Administrative Council President

TO JOIN US

CLASSIQUE INTERNATIONALE DE CANOTS DE LA MAURICIE

Email: info@classiquedecanots.com

Phone number: 819 537-9221

GODE OF ETHICS

All paddlers must comply with the following rules, during all activities and/or competitions during the season. Any breach of these rules will automatically result in a time penalty or disqualification of all members of the team involved.

NO REFUND WILL BE MADE in the case of disqualification or expulsion.

CONDUCT

- The paddler is required to respect other competitors at all times. No abusive language, threat or act of physical or verbal violence will be tolerated.
- Take note that an act of physical violence will result in the automatic disqualification of all paddlers involved and their exclusion the following year. (Possible banishment)
- The paddler must be respectful to all event organizers and may intervene with them only through his association representatives. Any breach of conduct toward organizers leads to automatic disqualification from the competition without refund.
- The paddler agrees to be respectful to all volunteers, no matter their status. No abusive language, threat or act of physical or verbal violence will be tolerated, otherwise the person involved will be penalized and/or disqualified.
- Each paddler and provisioner agrees to respect all competition sites, maintain a clean environment in and out of the water and must respect the facilities and all equipment made available to the paddlers. Each paddler and team of provisioners are responsible for their equipment and their garbage. Any breach of this rule will lead to a penalty.
- During the Classique internationale de canots de la Mauricie, you are required to go to the area provided for the paddlers after each leg of the event.
- The paddler participating in the competition represents La Classique internationale de canots' image. It is therefore mandatory for all crew members to wear a competition t-shirt or top.
- Each paddler represents his peers. For everyone's image, let us act in a civilized manner and be respectful.





More than \$15,000 CAN

G2



MEN \$CAN	WOMEN \$CAN	MIXTED \$CAN
3 000	1 500	750
1 500	1 000	500
750	500	300
500	100	100
200	100	100
	\$CAN 3 000 1 500 750 500	\$CAN \$CAN 3 000 1 500 1 500 1 000 750 500 500 100

R9

RANKING	\$CAN
1	1200
2	750
3	500
Team with the	300
most women	

PB competition class

RANKING	MEN \$CAN	WOMEN \$CAN
1	300	300
2	200	200
3	100	100

2023

COMPETITION SCHEDULE

Tuesday August 29th, 2023 - Réjean Huard Challenge - Shawinigan, Île Melville

4:30 pm to 6 pm : Measurement

Friday September 1st, 2023 - La Tuque - Lac St-Louis

4:30 pm to 6:30 pm: Measurement and collect of the competition kit

1st LEG

Saturday September 2nd, 2023 - La Tuque - Quai Dénommé-Goyette

9 am R9 Start 10 am C2 Start

Expected arrival times of the first athletes at St-Roch-de-Mékinac : R9- 3:20 pm / C2- 4:15 pm

2nd LEG

Sunday September 3rd, 2023 - St-Roch-de-Mékinac

10 am. R9 Start 11:30 am C2 Start NEW

Expected arrival times of the first athletes at Place des canotiers, Shawinigan : R9- 1:15 pm / C2- 2:45 pm

3rd LEG

Monday September 4th, 2023 - Shawinigan-Sud, Avenue du Capitaine-Veilleux

8 am Paddle Boarders' arrival and handing competition kits

9:30 am PB Start - La Grande Descente Desjardins

10:30 am R9 Start 12 pm C2 Start

Expected arrival times of the first athletes at Île Saint-Quentin, Trois-Rivières : PB- 12:45 pm / R9- 1:30 pm / C2- 3 pm

Between 5:30 pm and 6 pm: Medal and prizes ceremony

Around 6 pm: Paddlers' dinner



C2 category presented by













REGISTRATION

FEES

C2 category - female athlete: 110,00\$ CAN / per athlete

Paddle Board category - female athlete : 50,00\$ CAN / per athlete

C2 category - athlete - male athlete : 220,00\$ CAN / per athlete

Paddle Board category - male athlete: 100,00\$ CAN / per athlete

Rabaska category (fee per team): 1700,00\$ CAN

Registration fees are non-refundable under any circumstance.

REGISTRATION INFO

Online registration ends Thursday, August 31st, 2023, 4pm. No registrations will be accepted after this date.

All payments must be made in Canadian currency.

The 2023 registration form must be duly completed and paid to be valid. If not, the registration form will be returned and declared non-valid.

If a team withdraws from the competition before the registration deadline (August 31st, 2023) and one of the former team members wishes to re-register with a new teammate, the new team will benefit from a 50% discount. If both team members re- register with a new team, both will benefit from this discount. This discount can only be used once for each person.

A parent or guardian's signature will be required for every competitor 16 years old or younger. The minimum age for participation is 14 years old at the time of registration.

Each participant, without exception, must fill out the Physical Activity Readiness Questionnaire (PAR-Q) and indicate any health conditions in writing (medication, allergies, etc.). A list of your medication must be attached to your form. This information will be passed on to the medical team in case of an emergency. Omission of the PAR-Q and the medical form: the team will not be allowed to compete.

INCLUSIONS

Registration for the Classique internationale de canots de la Mauricie includes, for the 3 days of competition :

- A medal
- A T-Shirt
- Snack served at the exit of the water, at the end of each leg
- A meal at the end of the competition (Paddlers' Dinner)
- Secure and marked course
- Massage therapy service
- Animation and live radio broadcasting

PADDLERS DINNER

Paddlers' dinner in Trois-Rivières - September 4 around 5 - 6pm.

All registered paddlers will receive a ticket for dinner in their competition kit.

If you ordered additional tickets for your provisioners, they will also be in your kit.

You must have a ticket to receive your meal.

SAFETY

Safety on the water is provided by UMA.

Life jackets and/or missing whistle, the team will not be allowed to start.

Note that each participant is responsible for his own safety as well as his equipment, the Classique internationale de canots de la Mauricie is in no way responsible for any breakage, loss or theft that may occur during the event.

*When passing the Rapides des Forges, the water level will be maintained by Hydro-Québec to reduce the risk of snagging. Avoid paddling too close to shore.

PARKING

PARKING STICKER

Each team will be given I parking sticker to put on your windshield in order to access the athletes' parking spaces.

Only one priority vehicle per team will be allowed to access certain areas.

At the Gabelle Portage, teams will be asked to park in the designated area up the hill. No vehicle will be allowed to go down the hill. All vehicles must park in order to leave as fast as possible.

When C2 parking is mentioned, R9 and PB also have access.

PARKING LOT IDENTIFICATION

1st LEG - SATURDAY SEPTEMBER 2nd, 2023

Start - La Tuque

C2 - Parking on grass

R9 - Park on the side of the street - only 1 priority vehicle per team. You may park on both sides of the streets in the same direction (blue arrow).

All other vehicles must park in the nearby streets.



1st LEG - SATURDAY SEPT 2nd, 2023 2nd LEG - SUNDAY SEPT 3rd, 2023

Finish line (1st leg) and Start (2nd leg) St-Roch-de-Mékinac

Blue box : all vehicles may park - C2 and R9.

It is forbidden to park on the right side of the street - the area is reserved for the organization (red rectangle).

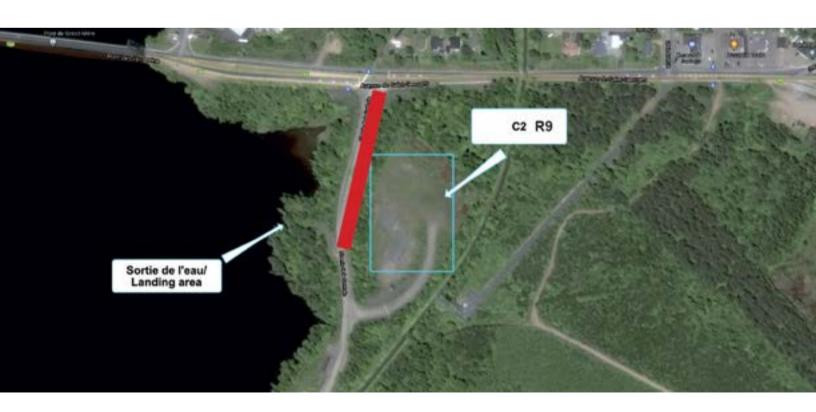


2nd LEG - SUNDAY SEPTEMBER 3rd, 2023

Portage - Grand-Mère

Only vehicles with a trailer may park down the road (red rectangle). No parking allowed in the other direction.

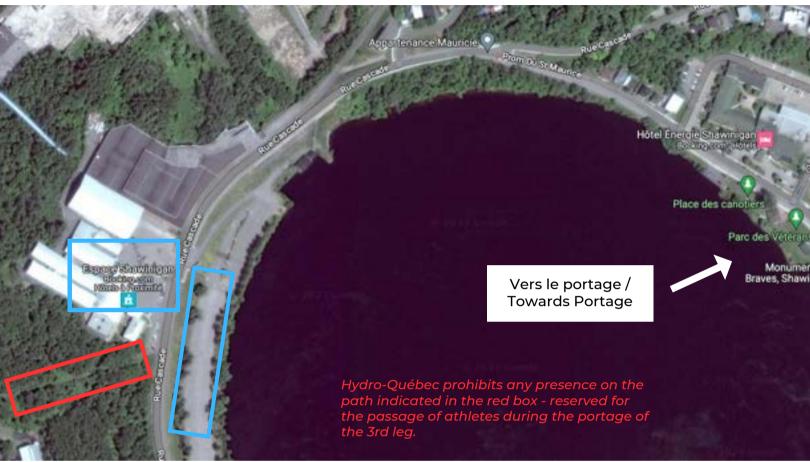
C2 provisioners may park in the designated parking area up the road (blue box) or in the nearby streets. Only holders of a parking sticker can park on the site.



2nd LEG - SUNDAY SEPTEMBER 3rd, 2023

Finish line - Shawinigan

Park at Espace Shawinigan (blue boxes). FREE for vehicles with a sticker.





3rd LEG - MONDAY SEPTEMBER 4th, 2023

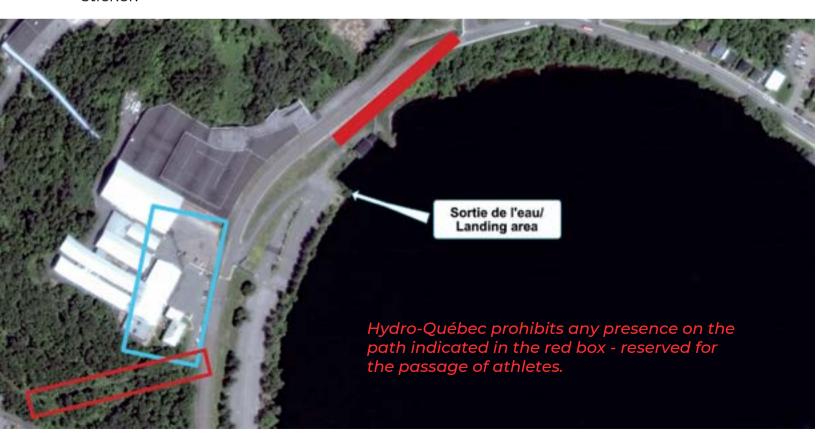
Start - Shawinigan-Sud, Avenue du Capitaine-Veilleux C2 may park in the city parking lot (blue box).



3rd LEG - MONDAY SEPTEMBER 4th, 2023

Portage - Shawinigan, Belgo

C2: Provisioners will park at Espace Shawinigan (blue box). FREE for vehicles with a sticker.

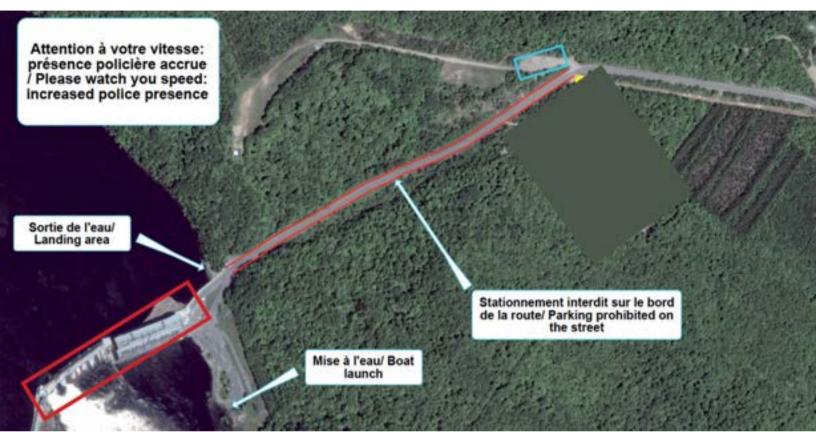


3rd LEG - MONDAY SEPTEMBER 4th, 2023

Portage - Notre-Dame-du-Mont-Carmel

No vehicle is allowed down the hill.

Arrive by the Mont-Carmel side because the cross-channel connection will be closed. Hydro-Québec prohibits any presence on the bridge (red box).



3rd LEG - MONDAY SEPTEMBER 4th, 2023

Finish line - Trois-Rivières, Île Saint-Quentin

Parking on the grass field.

PROVIDE PARKING FEES FOR VEHICLES WITHOUT A PARKING STICKER.



COMPETITION REGULATIONS

CONTACT BETWEEN BOATS

In the event of contact between one or more boats, it is strictly forbidden to touch, push or hold a paddler or an opposing boat with your hands. A breach of this rule results in a 5-minute penalty.

PENALTIES

Contact or obstruction penalty It is forbidden to:

- Deliberately harm another team, especially during a refueling or during a portage.
- Coming into contact with another boat voluntarily (i.e. by demonstrating intentions to harm).
- Touching the boat, the paddle or a member of another team in such a way as to harm this team or this member.

For the attribution of a penalty, it must be clearly demonstrated (by the officials or by the team requesting the penalty) that such an action actually harmed the team and that it was voluntary. Although accidental contact is part of the sport, it should never be done on purpose with the intention of causing harm.

Any team or any competitor who does not comply with any provision of this article will be awarded a penalty which may lead to disqualification.

Discretionary penalty

Any team that does not comply with a provision of these regulations and for which no penalty is provided for will be assessed a two (2) minute penalty for each violation. If such a penalty is incurred under this article, it will be the duty of the Executive Committee of the Classique internationale de canots de la Mauricie to examine the breach that has occurred and to proceed with a rectification of this regulation in order to mark it.

INFRACTIONS AND DISQUALIFICATIONS

Any competitor or supplier who commits one of the following offenses will see his team **penalized and/or disqualified** from the competition:

- 1. The paddler is responsible for his team of supply boats; feeders using abusive language, verbal or physical violence towards other competitors, volunteers and organizers will automatically result in a penalty to the paddler and/or disqualification. Choose your refuelers carefully.
- 2. Wearing a life vest is mandatory for each race sanctioned by the Classique internationale de canots de la Mauricie. The team that does not comply with this rule will obtain a penalty which can lead to disqualification in the event of a repeat offense.

- 3. The paddler must at all times respect the other competitors, no abusive language, threat or act of verbal or physical violence will be tolerated.
- Note that an act of physical violence results in the automatic disqualification of boaters at fault and exclusion from competitions and the association for the season.
- 4. The paddler must at all times respect the organizers of the various events and can only intervene with them through their association managers. Misconduct towards any of the organizers results in automatic disqualification from the competition without the possibility of reimbursement.
- 5. The paddler undertakes to respect each volunteer, regardless of their status. No abusive language, threat or act of verbal or physical violence will be tolerated, the culprits will be penalized and/or disqualified.
- 6. Each paddler and supplier of the team undertakes to respect the competition sites, cleanliness of the places on the water and outside the water. Respect for the facilities and equipment made available to boaters. Each canoeist, team and supplier are fully responsible for their equipment and waste. Failure to comply with this rule will result in a penalty.

WITHDRAWAL

A team that withdrawal the course before the end of it will be disqualified and must notify the Classique internationale de canots de la Mauricie as soon as possible.

In the event of boat damage, the teams will be authorized to leave with a new boat if it meets the standards and has been previously measured and approved by the officials.

SANCTIONS AND SANCTIONS PROCEDURES

Two (2) types of infraction can be applied during a sanctioned and/or approved race or competition by the Classique internationale de canots de la Mauricie:

- An offense relating to the application or interpretation of these rules;
- An infraction relating to the specific rules of a race or competition.

Procedure for sanctioning an offense

- Only boaters who have participated in the competition and who have been the victim of a violation of the regulations have the right to deposit a sanction request.
- Any request for sanction must be filed within thirty (30) minutes of the arrival of the last team.
- A request for sanction can be made verbally to an executive member of the Classique internationale de canots.

Sanctions Committee decision-making process: Convocation of the sanction committee

- The executive member of the Classique internationale de canots de la Mauricie who received the sanction request is responsible for conveying the sanction committee.
- The sanction committee meets as soon as it is conveyed.

Decision

- Any executive member of the Classique internationale de canots de la Mauricie who is part of a team concerned by the sanction request is automatically excluded from the sanction committee.
- The team concerned by the request for sanction as well as the one having filed the request for sanction, can take part in the discussions of the sanction committee. These teams must therefore be summoned by the executive member of the Classique internationale de canots de la Mauricie who received the sanction request. However, these teams do not have voting rights.
- The sanction committee votes on the sanction request: it accepts or rejects it.
- In the event that the members making up the sanction committee reach an impasse during the vote, the executive members de la Classique internationale de canots de la Mauricie may call upon a neutral candidate.

Reply from the sanction committee

Any decisions made by the Sanction Committee will be made verbally to the team having filed the request. This decision will be returned as soon as possible on the same day as the race or competition.

PROTESTS AND PROTESTS PROCEDURE

Any pro during a race or competition sanctioned and/or approved by the Classique internationale de canots de la Mauricie :

- Protests relating to the application or interpretation of these regulations.

Procedure for filing a protest

- Any protest must be filed within sixty (60) minutes of a penalty being awarded.
- The cost to file a protest is CAN \$50.00. NON-REFUNDABLE

Protest Committee decision-making process: Convocation of protest committee

- The executive member of the Classique internationale de canots de la Mauricie having received the protest is responsible of conveying the protest committee.
- The protest committee meets as soon as it is conveyed
- The protest committee is composed as follows:
- · Executive member of the association
- · Official appointed by the executive
- · 2 external and neutral members

Decision

- Any executive member of the Classique internationale de canots de la Mauricie who is part of a team that is in the same category as that having filed the protest is excluded from the protest committee.
- The executive member of the Classique internationale de canots de la Mauricie who received the protest is responsible of the management of the protest committee.
- The executive member of the Classique internationale de canots de la Mauricie who received the protest must not take part in protest committee discussions. He has a role of supervision and moderation.
- The team filing the protest may take part in the discussions of the protest committee. It must therefore be duly conveyed by the executive member of the Classique internationale de canots de la Mauricie who received the protest. However, this team does not have the right to vote.
- The executive member of the Classique internationale de canots de la Mauricie having received the protest ensures that each member of the protest committee has had the opportunity to express their opinion.

- When the executive member of the Classique internationale de canots de la Mauricie who received the protest terminates the discussions surrounding the protest, he asks the members of the committee to vote on the approval or the rejection of the protest. Each committee member has one vote. A committee member may abstain from voting.
- In the event that the members of the protest committee are even in number and there is an impasse in the vote, the executive member having received the protest will decide.

Protest Committee Response

- Any decision of the Protest Committee will be rendered in writing and will be final. This decision will be made as soon as possible within the same day that the race or competition took place.
- In the event that the complaining team wins the case, the fees accompanying the protest will be return.
- In the event that the complaining team does not succeed, the fees accompanying the protest will be preserved by the Classique internationale de canots de la Mauricie

RESPONSABILITY

The Classique internationale de canots de la Mauricie cannot be held responsible for material damage that may occur during a race or competition to property belonging to a competitor and/or a team.

EFFECTIVE DATE, APPLICATION AND REVISION

This by-law comes into force at the time of its adoption by the executive council. The president and the regional and provincial directors are responsible for its application.

The executive council is responsible for the review and adoption of this by-law, a deposit for information must be made at all general meetings, if there has been a modification of the by-law.



62 GLASSES AND CATEGORIES

CLASSES

Female - for female teams

Male - for men teams

Mixed - for mixed teams

CATEGORIES

Rookies: the two team members are in their first season of competition on the ACCQ circuit

U18: both team members are under 18

Senior: the two team members are 19-49 years old or older

Masters: both team members are 50 or older

Veteran: both team members are 60 or older

Female

C2 CANOE DIMENSIONS AND SPECIFICATIONS

Officials designated by the ACCO can check and measure a canoe before or after a race or competition.

Technical specifications - Canoes of the C2 Expert category

- Maximum length: 18 feet,6 inches
- Maximum width: 33" in height and 27" from 3" from the rear to the center of the boat.
- Maximum height: front clamp 15", middle 10", back 10"
- 33" and 27" rear measurements can be separated by 14" maximum.
 33" and 27" at 3" from the end can be at 14" maximum from the back or the real front of the canoe (9'3").
- A 1/4 inch deep concave curve is permitted between the 33" and 27" measurements at 3" from the bottom.
- No concave shape under the waterline is permitted. However, minor imperfections generated by repairs or sanding will be tolerated but may not derogate from regulations.
- All measurements are taken outside of the hull.

Canoes that do not meet the specifications set forth in these regulations, or do not conform to official standards during the measurement period will not be allowed to compete.

LIFE JACKETS

Mandatory

All boats taking part in the Classique internationale de canots de la Mauricie competition must have on board one personal flotation device per participant.

Personal flotation devices used by competitors must be arranged so that they are easily accessible at all times. Note that wearing a life jacket is compulsory for categories C1 and K1.

Self-inflating PFD

CO2 cartridge PFDs approved by Transport Canada are authorized in calm water. In accordance with Canadian law, this type of PFD must be worn at all times and is not approved for whitewater.

Minor participants

Minors participating in an activity or competing in the Classique internationale de canots de la Mauricie must wear their PFD at all times

Special conditions

La Classique internationale de canots de la Mauricie reserves the right, during a pre-competition information meeting, to require the wearing of a personal flotation device during a competition.

Mandatory period

Wearing a personal flotation device is mandatory during competitions taking place in Quebec between November 1st and June 1st. A team that does not comply with this provision will not be authorized to take part in the Classique internationale de canots de la Mauricie.

Safety equipment

All teams must comply with the Canada Shipping Act (L.R.C., 1985, c. S-9) and its regulations, in particular the Small Vessel Regulations (CRC, Vol.XVII, c. 1487) and have in their possession, at all times during a race or competition, all of the following equipment:

- One (1) extra spare paddle
- Two (2) properly sized and easily accessible PFDs
- A whistle

Officials can check a team's equipment before and after a race or competition.

A team that is missing, before a race or competition, one of the items mentioned above will not be allowed to start. For each item mentioned above that is missing, a team will be disqualified.

COMPETITION REGULATIONS

COMPETITION

The two athletes registered on the same boat will have to cover the entire route together, no partner substitution, otherwise the team will be disqualified. Every crew is responsible for their boat and its safety.

COMPETITORS IDENTIFICATION

All competitors must be clearly identified with their Classique internationale de canots de la Mauricie number, throughout the duration of a competition.

PROVISIONING ON LAND

Paddlers are authorized to refuel at the places indicated on the course only.

Only identified team members and provisioners will be admitted to the sites.

For your safety, provisioning must be done in the defined areas and within the identified buoys.

Feeding must be done on land or in the water, as long as both feet touch the bottom of the water. (PFD allowed for safety).

Courtesy is required for the teams that arrive first, the others must wait outside the area.

No person and/or object that could intentionally or unintentionally harm the canoe is allowed in the feeding area (buoy, pole, board, canoe, etc.) A scoop is allowed to collect waste that could end up in the water.

Flags and signs are permitted to clearly identify the team, but must not harm the athletes and/or other provisioners.

No waste should be left in the water or at the feed sites by athletes and provisioners.

A team that does not comply with this provision will be given a two (2) minute penalty for each violation. The passage to the provisioning zones is mandatory.

COURSE, TURNS, BYPASSING BUOYS

Teams must respect the course established by the organizers of a competition.

Teams must travel the full distance of the competition using their equipment and may not leave the waterway except at designated portage sites.

When the course includes buoys, the boats must go around the buoys from the outside. A team that does not pass a buoy completely from the outside must back up and go around this buoy completely from the outside.

A team that manages to touch a buoy, but does not go around it completely from the outside, will receive a time penalty of 5 minutes. The team can avoid this penalty by immediately turning (or backing up) around the entire buoy on the outside.

Any team that does not respect the course (buoy or course) will be relegated to the last row of the competition with a time penalty (minimum 10 minutes penalty) or could be disqualified if it is a serious breach (at the judgment of officials or sanction committee). The disqualification of a team deprives it of the right to receive a prize for the race and there is no reimbursement of the registration cost.

PORTAGE

Portages are authorized in places identified by the organizers of the competition.

All team members must portage on foot from where their team's canoe exits the water. No help is allowed.

Any team that does not comply with this provision will be disqualified.

HELP FOR COMPETITORS

Anytime

If a competitor drops a paddle or any other object, anyone can retrieve it and return it to him immediately.

On the water

Only the membersof a team can, by human physicalforce, move the canoe on the water.

A team cannot receive any help, exceptin the event of capsizing or desalination. In the event of capsizing, a team assisted by another boat must resume the course at the place where it capsized.

Any team that does not comply with this provision will be disqualified.

START PROCEDURE

All teams must be lined up on the starting cable.

The rear paddler must be in contact with the cable at all times (hold with the hand).

The National Anthems of the countries will follow according to the origin of the participants. There will be a pause between the end of the National Anthems and the starting signal given by the official (the starting official located on the water will ensure that all the back rowers hold the cable with their hand).

A competitor who tries to take advantage of an unfair advantage at the start will be given a 2-minutes penalty. After being found at fault, a second offense leads to disqualification.

Officials may interrupt the start procedure if the line-up compromises a fair start for all.

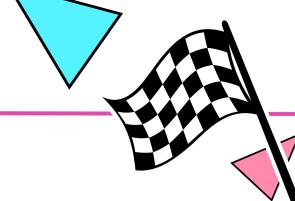
Any team that is not on the starting line at kick-off cannot take part in the stage and will be disqualified.

FINISH LINE

No object or obstacle may be placed between the two (2) physical points of the finish line.

A boat is considered to have crossed the finish line when its bow touches the imaginary line between the two (2) physical points delimiting the finish line.

G2 GOURSE

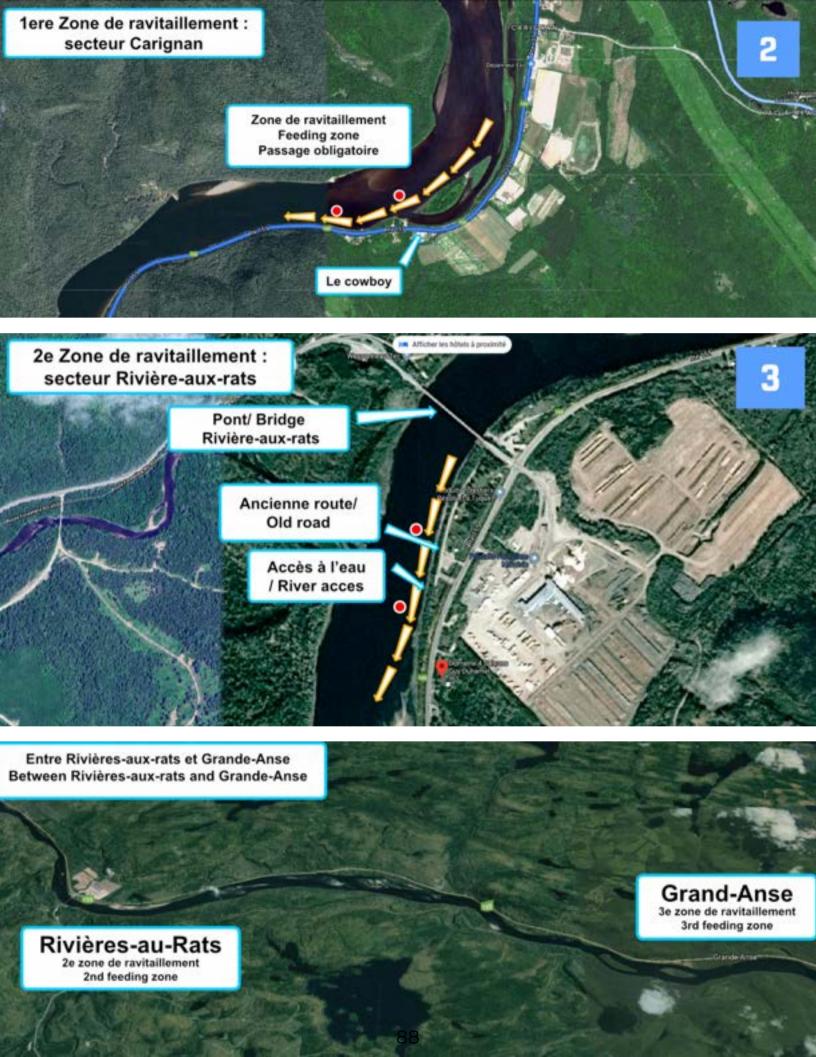


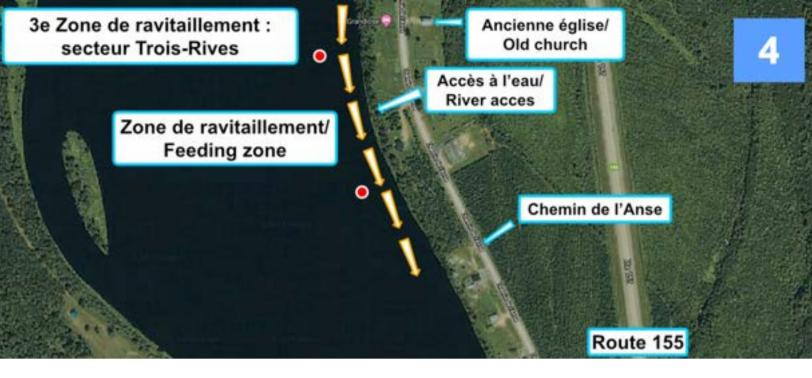


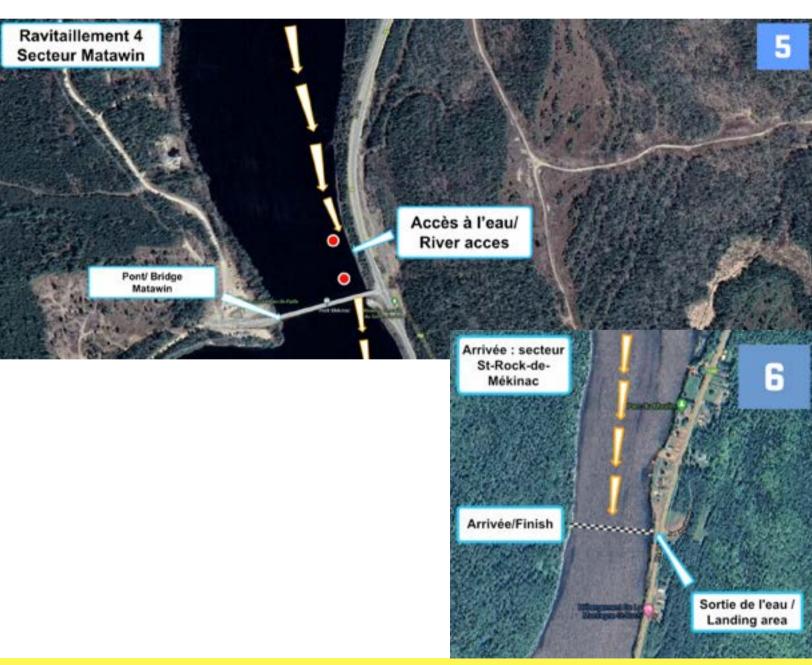
1st LEG







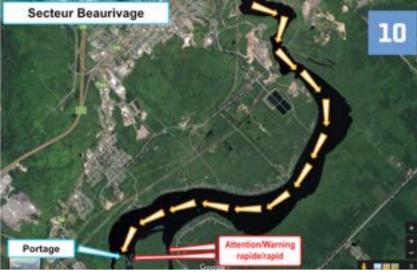


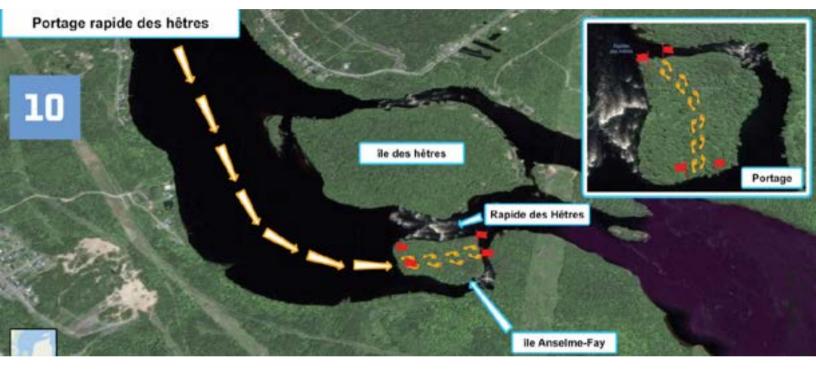


2 nd LEG





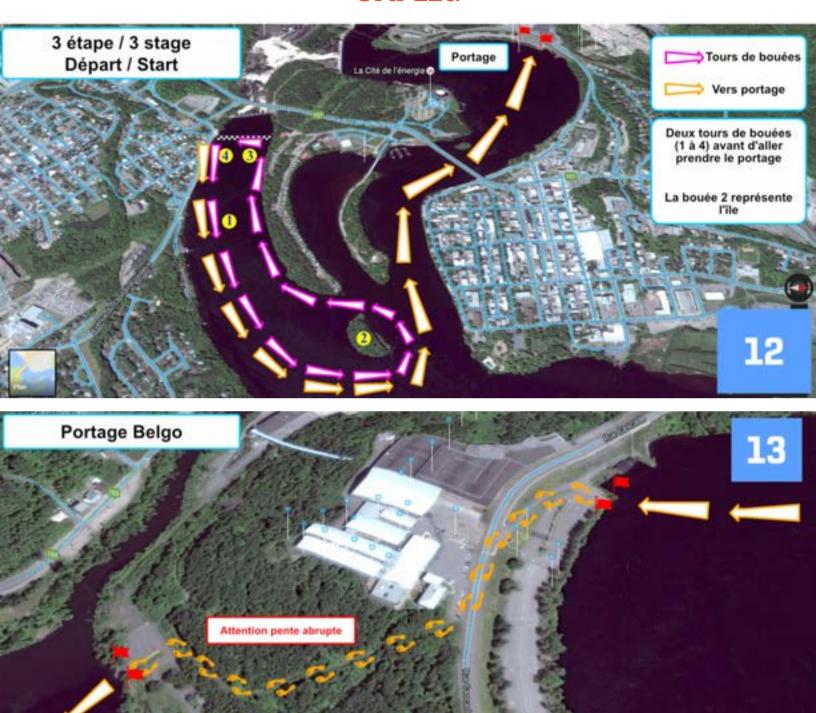


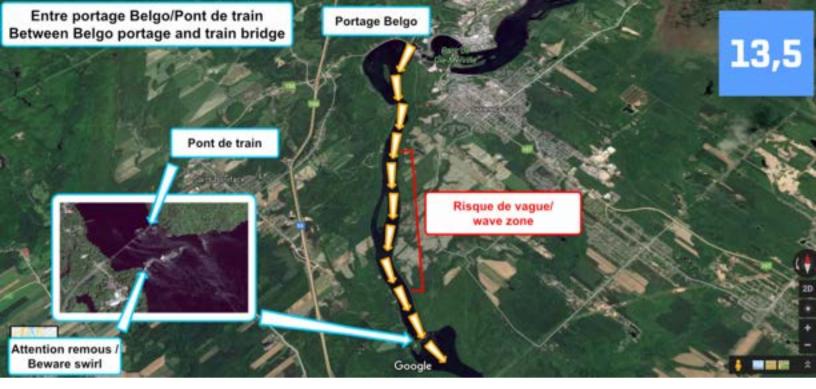




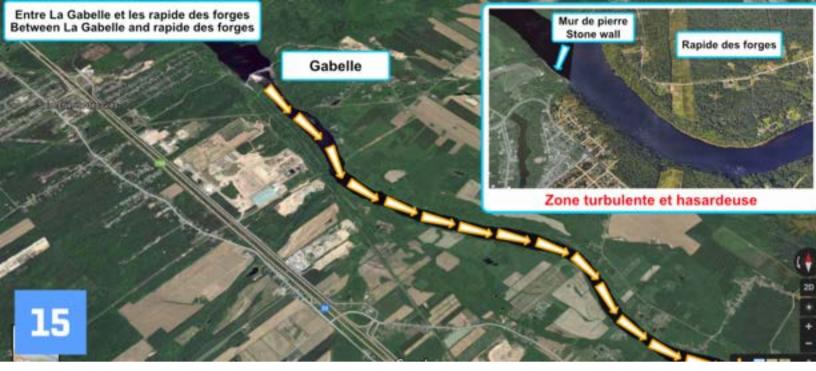


3rd LEG













PB GUSSES

CLASSES

COMPETITION

Individual men

Individual women

PARTICIPATION

Individual men

Individual women

Team of two

GENERAL INFORMATION

IDENTIFICATION / CHIP TIMING

Azum D



When the kits are handed over, you will also be given a timing chip (bracelet).

You must wear your bracelet (timing chip) otherwise your time will not be counted.

TRANSPORT

Provide transportation to bring your car from the departure (Avenue Captaine-Veilleux, Shawinigan-Sud) to the arrival (Île Saint-Quentin, Trois-Rivières).

EQUIPMENT

Athletes will need to provide their equipment, which may be verified by the officials.

In case of lost or broken equipment (water, food, etc.). It will be possible for your provisioning team to help you. No paddle board change will be permitted.

It is mandatory for all paddlers of the PARTICIPATION class and for underage paddlers to wear their life jackets that meet Canadian standards.

A safety leash is permitted.

The life jacket must be on the board, accessible at all times, in the COMPETITION class. (THE CLASSIQUE STRONGLY SUGGESTS WEARING A LIFE JACKET).

Illegal equipment (rowing with two blades, float, propulsion other than by the team) leads to disqualification.

SAFETY

** The St-Maurice River can be hazardous. Make sure you have knowledge of the river and the necessary experience to avoid any equipment damage.

COMPETITION REGULATIONS

CLOTHING

The wearing of the competition T-shirt or sweater is mandatory without exception. A team that does not respect the rules will be inflicted a 10-minutes penalty.

START PROCEDURE

All teams must be lined up on the starting line.

Paddle boarders must be on their knees in contact with the cable at all times.

The National Anthems of the countries will follow according to the origin of the participants. There will be a pause between the end of the National Anthems and the starting signal given by the official (the departure official located on the water will make sure that all the competitors are touching the cable).

A competitor who tries to take an unfair advantage at the start will be given a 2-minutes penalty. After being found in default, a second offense results in disqualification.

Officials will be allowed to interrupt the start procedure if the lineup compromises a fair start for all.

Any team that is not present on the starting line cannot take part in the race and will be disqualified.

FINISH LINE

The arrival will be by portage on the beach; you must pass over the magnetic field (mat) so that your time is counted.

You must have your board in hand when crossing the finish line.



OTHER REGULATIONS

For the team category: only the 2 members of the team are authorized to run for their team for all the race. (No adding or substitutions)

No outside help will be permitted. (disqualification) There is no time limit.

Changes (team category) can be done during portage only.

Time penalties range between 2 and 15 minutes. After consulting with the officials, the competition manager will impose the penalty after which the decision is final and irrevocable.

Generally accepted sports conduct rules will apply. All intentional harm, damaging a competitor's board or any gross unsportsmanlike conduct caught by an official, with proof, will be penalized, and may lead to disqualification.

During the race, it is prohibited to be accompanied by a boat that is not participating in the race. The only help that is permitted is limited to first-aid, food supply, drinks, clothes and replacement of any damaged equipment.

Land or water transportation for the purpose of shortening the route is prohibited.

Use of any prohibited or illegal substances to increase athletic performance is prohibited.

A team abandoning is automatically disqualified from the competition. The disqualification is final. A team deciding to leave the competition is required to report its withdrawal to a competition official, either in person or by phone, no later than 1 hour after the leg in question.

No time allocation will be given in case of injury or if a team member is involved in an accident.

All the Classique internationale de canots inflatable yellow buoys are numbered and are part of the route you must follow during the race and must be respected throughout the competition.

Any team reported by officials for omitting to by-pass one or more course buoys as indicated on the official route will receive a penalty. If the advantage is greater than the proposed penalty, disqualification is possible. A penalty is cancelled if the team corrects the situation immediately and continues their course according to the rules.

The competition manager, in agreement with the Classique officials, is entitled to modify, add or repeal the current rules, impose any penalties deemed necessary and refuse one or several teams at all times.

Note that officials are allowed to stop any team for any reason at any time for ethical, security, compliance and non- compliance reasons.

PROVISIONING ON LAND

Provisioning on water prohibited: disqualification.

Feeding will be done on land during portages only. Provide a sufficient amount of food to ensure your supply from one supply point to another or for the entire course.

Provisioners are not allowed to help the team out of the water or during the feeding. No contact is allowed with the team members except to give food.

Provisioners must position themselves in a way that does not harm the other teams and must let the opponent paddlers pass if they execute an overtaking.

Provisioners must respect feeding zones.

The provisioners are responsible for the cleaning on land after feeding. You will need to have a garbage bag to pick up containers and food thrown by competitors.

The provisioners must at all times respect the safety instructions and the reserved areas, particularly the portage areas.

Teams participating in the Classique are fully responsible for the behavior of their provisioners.

No object that may intentionally or unintentionally harm another team may be used, for example (board, pole, etc.). The feeding zones are long enough to allow several teams to provide at the same time.

A breach of any of these regulations will result in a penalty.

PORTAGE

During portages, only the competitors are allowed to carry the board. No external piece of equipment, except the safety leash, can be used to help carry the board (e.g wheel system, trailer, etc.) Offending teams will be disqualified. However, if a paddler drops a paddle, any individual may pick it up and give it to him immediately.

Regarding the first portage (Belgo), only the competitor has permission to go down the portage coast.

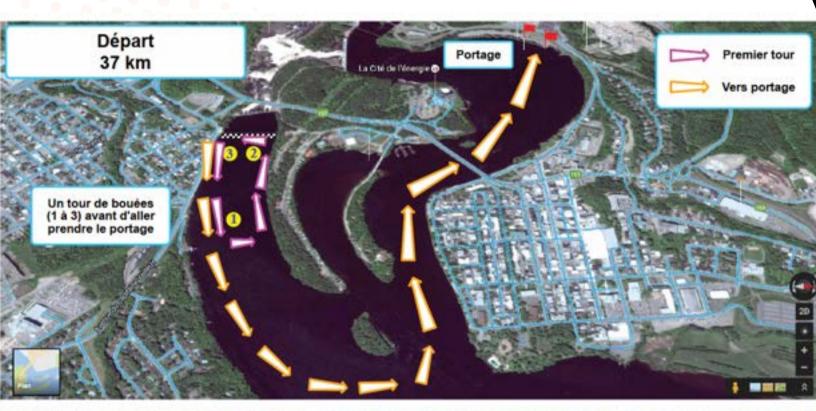
If you opt for the carrying leash, you will have to keep it for the entire route or leave it to your provision team. Illegal portage (shortcut, outside help) leads to disqualification.

*For the first portage (Belgo), it is possible to use your carrying strap. Only the competitor has permission to go down the portage. Each competitor is responsible for his strap and must have it with him on the board for the duration of the course.

** For des Forges's rapids, the level of the water will be maintained by Hydro Québec for security. Please do not paddle near the shore.

PB GOURSE

















CLASSIQUE GANOTS 2023 DE LA MAURICIE





